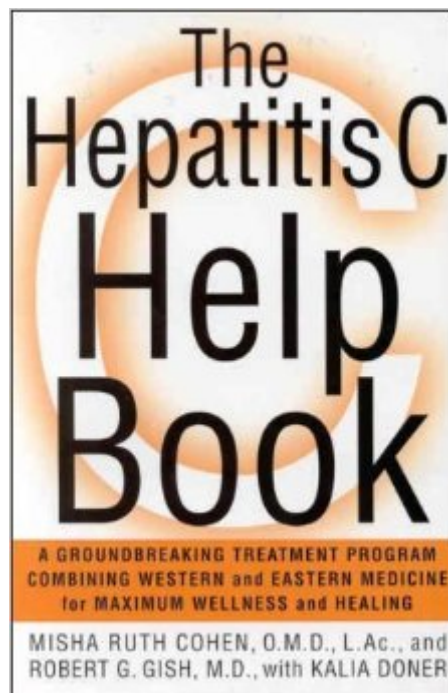


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# **The Hepatitis C Help Book: A Groundbreaking Treatment Program Combining Western And Eastern Medicine For Maximum Wellness And Healing**



## Synopsis

Hepatitis C has been called "the emergent and preeminent public-health problem of the twenty-first century--surpassing HIV." It has also been dubbed "The Shadow Epidemic," because it is one of the most clandestine of viruses and infects healthy people who have no idea they are being attacked by something they can't even detect. Now, two experts on Hepatitis C have teamed up to write a complete guide to orthodox and alternative treatment options. The book includes programs for self-care, nutritional and fitness plans and a comprehensive Western and Chinese medical treatment program.

## Book Information

Hardcover: 292 pages

Publisher: St. Martin's Press; 1st edition (May 15, 2000)

Language: English

ISBN-10: 0312252463

ISBN-13: 978-0312252465

Product Dimensions: 6.4 x 1.1 x 9.6 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 4.3 out of 5 starsÂ Â See all reviewsÂ (9 customer reviews)

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## Customer Reviews

I have read all of the other books on Hepatitis C. This book is wonderful, informative and easy to read. The Hepatitis C Help Book is the first guide that offers comprehensive programs that include both Western and traditional Chinese medicine treatments for hepatitis C. The book is designed to inform people who are infected with the virus, as well as health care practitioners, about how these two medical systems can be used together to achieve the most effective treatment possible.

HIGHLY RECOMMENDED.

The Hepatitis C Help Book is a collaboration between two of the best known and most knowledgeable practitioners working in the hepatitis field today - Misha Cohen O.M.D.,LAc. and Robert Gish, MD. This is a well-rounded and comprehensive guide that should be in the personal

library of anyone dealing with hepatitis C, and can easily be used by both patients and health care providers. Highly Recommended.

This book provides lots of practical and informative content concerning Hepatitis C. The book covers the subject from both the traditional and alternative medical points of view. Included are discussions of treatment options, lifestyle recommendations, and a good overview of the disease. The book is readable and well researched. If you or someone you know has this insidious and widespread disease this book should be at the top of your list of readings. Because Hepatitis C progresses with hardly any symptoms..it is important to take steps as soon as possible to deal with it. If you have been positively diagnosed...DO NOT WAIT. There are many things you can do from implementing simple lifestyle changes to undergoing severe chemotherapy that can influence the course of this illness. At the very least you can read this book!

This book has one unique advantage. It is a combination of Western and Eastern Medicine combination for the maximum benefit of the patient. Usually it is very difficult to combine these two treatments as they are different like day and night. But here we see these two go like hand in glove. Authors have thoroughly studied this subject. It is very evident from their explanation of certain conditions and its treatment. It is an absolute life saver for people diagnosed with Hepatitis C and even doctors can learn a lot about this silent killer. I did like the authors' suggestion for caffeine-free beverages. I've been off coffee after my doctor told me it caused me acid indigestion. He recommended a coffee replacement called Soyfree made from soya beans and it taste great. I found it on the net at [...] soycoffee.com.

Misha Cohen's expertise in providing specific ways in which to improve your quality of life when dealing with Hep C and other viral diseases, is a relief for the soul.

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